

New Services Offered

Employee Assistance Program

First 3 visits with a counselor, at no cost to the employee. For more information on program and payment, contact Health Department.

County Gym

The gym is located in the Hardison Building and is available to all county employees. Gym membership is \$10 dollars per month through payroll deduction.

WELLNESS PROGRAM GOALS

Promote Wellness

Disease Management

Individual Responsibility

Decrease Cost

Increase Productivity

“ Striving every day for a healthier workplace.”



Things To Know . . .

1. Who is eligible for the program?

Full and part-time county employees, retirees, and dependents on county insurance.

2. What about time away from work for services?

Employees can access services at the Health Department without using personal leave time.

3. What About Co-Pays?

Co-pays are waved for dependents with other insurance.

4. What if my dependent doesn't have insurance?

Sliding fee scale applies to dependents without health insurance.



For questions contact a
WOW Committee Member:

Mike Aldrige
Twila Bowen
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Samantha Kennedy
Beth Warren
Teresa Lanier

Duplin County Employee Wellness Program



Duplin County Health Services
340 Seminary Street
Kenansville, NC 28349
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Duplin County Employee Wellness Program

Key Components

Health Risk Assessment (HRA)

Treatment Visits

Preventative Care

Chronic Disease Management

Tobacco Cessation

Lab Services

Diabetic Classes

Lunch and Learn Sessions

Nutritional Services

Durable Medical Equipment

Employee Assistance Program

Physical Therapy

County Gym

Benefits Offered to You. . .

Health Risk Assessment (HRA)

An online survey that assists employees in identifying health risk factors. It offers information on healthy lifestyle changes. Access the link at <https://hra.traleexplorer.com>

Treatment Visits

Sick care for employees/dependents with same day appointments. Walk In Clinic is from 8-10 a.m. Monday through Friday. Please call for appointments all other times.

Preventative Care

Routine physicals, immunizations, and labs for employees and their dependents.

Chronic Disease Management

Counseling on chronic disease management and prevention.

Tobacco Cessation

Cessation counseling and nicotine replacement therapies are available.

Lab Services

Call to schedule labs for the HRA, other labs can be drawn with physician order. Results sent to provider and employee.

Counseling

Staff assists with questions about labs, HRA, and weight management.

Services Continued. . .

Diabetic Classes

Diabetic Classes are available to employees/dependents at no charge. Diabetic monitors and strips are provided at no cost.

Registered Dietician

Please call to schedule an appointment with our registered dietician.

Lunch and Learns

Lunch & Learn sessions focusing on a variety of health topics announced as offered.

Breast Feeding Friendly Workplace

Consultations with a certified lactation consultant are available. The Health Department provides breast pumps to employees at no charge.

Durable Medical Equipment (DME)

Employees/Dependents can access sleep apnea machines, nebulizers, and crutches. For information call Kathy Wallace at 296-2174.

Physical Therapy

If referred by your health care provider, the Health Department will schedule you a therapy appointment at a reduced cost.