















Senior Services

March, 2024—Activities/Event Calendar

Mission: Improving the lives of Duplin County seniors through opportunities that encourage social interaction, enhance quality of life, and support independence.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FREE TAX ASSISTANCE Tax assistance available until April 1, 2024. For more information call Senior Services 910-296-2140</p>	<p>Coffee, Tea, & Conversation; "What is your topic?" M-F—10:00 a.m.</p> 		 	<p>1 11:00- Devotion/Inspiration Mr. Kenneth Baker Colon Cancer Awareness; 2:00 Exercise Orientation</p>
<p>4 9-12—Computer Access <i>Income Tax Drop Service, 10-12, Duplin Commons</i> 11:00-Bingo; 1:30-2:30-Duplin Sparklers</p>	<p>5 10:30-  1:30-Round table topics 6:00- Support Group Meeting</p>	<p>6 10:30—Craft Project- Canvas Painting; 11:00-Fresh Fruit Pop Up Event; 1:30-Board Games</p>	<p>8 10:30  Shiip Counseling (Appointments) 10:00-3:00 pm 1:30 -Small Group Conversations</p>	<p>8 11:00-Devotion/Inspiration Mr. Ronnie Hood 1:30—Men Billiards 2:00 Exercise Orientation</p>
<p>11 9-12—Computer Access <i>Income Tax Drop Service 10-12, Duplin Commons</i> 11:00—"What is your label telling you by Rachel Ezzell, NC Cooperative Ext." 1:30-2:30-Duplin Sparklers</p>	<p>12 10:30  Shiip Counseling Appts. 10:00-3:00 pm 1:30-Round table topics</p>	<p>13 10:30—Wii Games 11:00-Cornhole 1:30—Men Billiards</p>	<p>14 10:30-  11:30-Topic of the day: "Why wear Green", St. Patrick Day discussion; board/games/trivia</p>	<p>15 11:00-Devotion/Inspiration Mr. Kenneth Baker 1:30—Men Billiards 2:00- Exercise Orientation</p>
<p>18 9-12—Computer Access <i>Income Tax Drop Service 10-12, Duplin Commons</i> 11:00- Bingo 1:30-2:30-Duplin Sparklers</p>	<p>19 10:00-Quarterly SHIIP Training, Rhonda Narran 10:30-  1:30-Round table topics</p>	<p>20 9:30- Breakfast w/Director 11:00-Pool Noodle Ball 1:30—Men Billiards</p>	<p>21 10:30-  Shiip Counseling (Appointments) 10:00-3:00 pm 1:30 -Small Group Conversations</p>	<p>22 11:00-Devotion/Inspiration Mr. Ronnie Hood 12:30-Senior Birthday Celebration 2:00—Exercise Orientation</p>
<p>25 9-12—Computer Access <i>Income Tax Drop Service 10-12, Duplin Commons</i> 11:00- Bingo 1:30-2:30-Duplin Sparklers</p>	<p>26 10:30-"Over the top" wear your Easter bonnet/sharing favorite memories. 11:00-Health Education by Eve Stroud, ECU Vidant Health 1:30—Round table topics</p>	<p>27 10:30- Beginner's Yoga 11:00-Cornhole—M/W 1:30—Men Billiards Initial deposit due for Biltmore Asheville trip due.</p>	<p>28 11:00—Easter Hunt Shiip Counseling (Appointments) 10:00- 3:00 pm 1:30—Small Group Conversation</p>	<p>29 Senior Center & Congregate Nutrition Sites Closed in Observance of Good Friday</p> 
 <p>Facebook.com/DuplinAging</p>	<p>*Walk-In Activities at the Senior Center: Puzzles, Cards, Word Search, In-liners (Adult Coloring), Free Wireless Available, & Volunteer opportunities online at https://www.duplincountync.com/senior-resource-center</p>			