

May 2019

Duplin County Congregate Nutrition Lunch Menu; Beulaville, Faison, Kenansville, Wallace, Warsaw locations. The meals are served Monday - Friday at 12:00 noon.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mission Statement: Improving the lives of Duplin County seniors through opportunities that encourage social interactions, enhance quality of life, and support independence. For more information call 910-296-2140.</p>		<p>1</p> <p>Chicken Piccata, Peas & Carrots, Garlic Herb Mashed Potatoes, Tropical Fruit, Soft Roll, Milk</p>	<p>2</p> <p>Chili w/Kidney Beans, Green Beans, Rice, Pineapple Tidbits, Fudge Brownie, Milk</p>	<p>3</p> <p>Hawaiian Chicken BBQ w/bun, Sliced Brown Sugar Carrots, Yellow Rice, Pineapple Tidbits, Milk</p>
<p>6</p> <p>Beef Stroganoff, Egg Noodles, Peas, Fresh Orange, Roll, Milk</p>	<p>7</p> <p>Jumbo Chicken Tenders, Broccoli & Cheese, Cajun Pinto Beans, Strawberry Applesauce, Corn Bread, Milk</p>	<p>8</p> <p>Baked Spaghetti w/noodles, Vegetable Blend, Pears, Soft Roll, Milk</p>	<p>9</p> <p>Barbecue Pork w/Bun, Cole Slaw, Baked Beans, Apple Juice, Milk</p>	<p>10</p> <p>Chicken Salad, White Bread, Tossed Salad, Peaches, Oatmeal Cookie, Milk</p>
<p>13</p> <p>Turkey Tetrazzini, Egg Noodles, Spinach, Orange Juice, Roll, Milk</p>	<p>14</p> <p>Pork Chop w/gravy, Peas & Pearl Onion, Potatoes Augratin, Apple Sauce, Oatmeal Cookie, Milk</p>	<p>15</p> <p>Senior Fun Day Menu - Elder Abuse Walk - Duplin Events Center - Seniors Welcome.</p>	<p>16</p> <p>BBQ Meatballs, California Vegetable Mix, Macaroni & Cheese, Tropical Fruit, Soft Roll, Milk</p>	<p>17</p> <p>Shredded Roast Beef w/gravy, Peas & Carrots, Rice, Peaches, Texas Toast, Milk</p>
<p>20</p> <p>Kielbasa Sausage, Cabbage, Rice, Peaches, Soft Roll, Milk</p>	<p>21</p> <p>Chicken Alfredo, Penne Noodles, Green Beans, Pineapple Crisp, Bread Stick, Milk</p>	<p>22</p> <p>Meatloaf w/Brown Gravy, Mashed Potatoes, Peas, Pears, Soft Roll, Milk</p>	<p>23</p> <p>Fried Chicken, Collard Greens, Macaroni & Cheese, Apple Juice, Soft Roll, Milk</p>	<p>24</p> <p>Sliced Ham, Green Bean, Yams, Corn Bread, Applesauce, Milk</p>
<p>27</p> <p>Country Style Steak w/gravy, Yellow Corn, Rice, Pears, Soft Roll, Milk</p>	<p>28</p> <p>Southern Chicken Sandwich, Boiled Potatoes, Slaw, Peach Betty, Milk</p>	<p>29</p> <p>Chicken Piccata, Peas & Carrots, Garlic Herb Mashed Potatoes, Tropical Fruit, Soft Roll, Milk</p>	<p>30</p> <p>Chili w/Kidney Beans, Green Beans, Rice, Pineapple Tidbits, Fudge Brownie, Milk</p>	<p>31</p> <p>Hawaiian Chicken BBQ w/bun, Sliced Brown Sugar Carrots, Yellow Rice, Pineapple Tidbits, Milk</p>