



Senior Services

Post Office Box 928 – 213 Seminary Street - Kenansville, N.C. 28349

Telephone 910-296-2140 – Fax 910-296-2142

*Drop In Activities*

9:00 a.m. –  
4:30 p.m.

(unless specific  
time posted)

Coffee, Tea &  
Conversations  
9:00 – 10:30 a.m.

Computer Access  
Card/Board Games

Puzzles/Word  
Searches

Caregiver Library

Word  
Search/Trivia  
Sheets

Billiards

Exercise  
Equipment  
(Treadmill;  
exercise weights;  
bands)



NC DEPARTMENT OF  
INSURANCE

SHIIP Counseling  
by appointment –  
Tuesday &  
Thursday  
10:00 a.m. –  
3:00 p.m.

Biltmore, Ashville  
Senior Trip  
May 13-15, 2024

*May Activities/Event Calendar*

<i>Date</i>	<i>Scheduled Activity</i>	<i>Specific Day</i>	<i>Time</i>	<i>Location</i>
5-1-24	Senior Fun Day – Shred-A-Thon Event	Wednesday	9:30 a.m.- 1:30 p.m.	Duplin Events Center – 195 Fairgrounds Dr., Kenansville
5-2-24	Arthritis Exercise Class	Thursday	10:30 a.m.	Senior Services
5-2-24	Small Group Conversation Topics	Thursday	1:30 p.m.	Senior Services
5-3-24	Devotion/Inspiration – Mr. Kenneth Baker	Friday	11:00 a.m.	Senior Services
5-3-24	Exercise Orientation	Friday	2:00 p.m.	Senior Services
5-6-24	BINGO	Monday	11:00 a.m.	Senior Services
5-6-24	Duplin Sparklers	Monday	1:30 – 3:00 p.m.	Senior Services
5-6-24	Governor Volunteer Service Award Reception	Monday	4:30 – 5:45 p.m.	Senior Services
5-6-24	Governor Volunteer Official Presentation	Monday	6:00 p.m.	Commissioner Meeting
5-7-24	Arthritis Exercise Class	Tuesday	10:30 a.m.	Senior Services
5-7-24	Alzheimer/Caregiver Support Group	Tuesday	6:00 p.m.	Senior Services
5-8-24	Chair Yoga	Wednesday	10:30 a.m.	Senior Services
5-8-24	Celebrating Mothers-Tea Party/Fancy Hats/Memories	Wednesday	11:00 a.m.	Senior Services
5-8-24	Legal Aid of North Carolina (By Appointment)	Wednesday	1:00 p.m.	Senior Services
5-9-24	Arthritis Exercise Class	Thursday	10:30 a.m.	Senior Services
5-9-24	Cornhole – Men/Women	Thursday	11:00 a.m.	Senior Services
5-9-24	Small Group Conversation Topics	Thursday	1:30 p.m.	Senior Services
5-10-24	Devotion/Inspiration – Mr. Ronnie Hood	Friday	11:00 a.m.	Senior Services
5-10-24	Exercise Orientation	Friday	2:00 p.m.	Senior Services
5-13-24	BINGO	Monday	11:00 a.m.	Senior Services
5-13-24	Duplin Sparklers	Monday	1:30 -3:00 p.m.	Senior Services
5-14-24	Arthritis Exercise Class	Tuesday	10:30 a.m.	Senior Services
5-14-24	Pool Noodle Activity	Tuesday	11:00 a.m.	Senior Services
5-15-24	Billiard – Men/Women	Wednesday	10:30 a.m.	Senior Services
5-15-24	Health Education – Eve Stroud-ECU Health Duplin	Wednesday	11:00 a.m.	Senior Services

<i>Date</i>	<i>Scheduled Activity</i>	<i>Specific Day</i>	<i>Time</i>	<i>Location</i>
5-16-24	Arthritis Exercise Class	Thursday	10:30 a.m.	Senior Services
5-16-24	Small Group Conversation Topics	Thursday	1:30 p.m.	Senior Services
5-17-24	Devotion/Inspiration – Mr. Kenneth Baker	Friday	11:00 a.m.	Senior Services
5-17-24	Exercise Orientation	Friday	2:00 p.m.	Senior Services
5-20-24	BINGO	Monday	11:00 a.m.	Senior Services
5-20-24	Duplin Sparklers	Monday	1:30 – 3:00 p.m.	Senior Services
5-21-24	Arthritis Exercise Class	Tuesday	10:30 a.m.	Senior Services
5-21-24	Family Feud Board Game	Tuesday	11:00 a.m.	Senior Services
5-22-24	Breakfast w/Director	Wednesday	9:30 a.m.	Senior Services
5-22-24	2 <sup>nd</sup> Quarter SHIP Training- Rhonda Narron	Wednesday	10:00-12:00	Senior Services
5-23-24	Arthritis Exercise Class	Thursday	10:30 a.m.	Senior Services
5-23-24	Small Group Conversation Topics	Thursday	1:30 p.m.	Senior Services
5-24-24	Devotion/Inspiration – Mr. Ronnie Hood	Friday	11:00 a.m.	Senior Services
5-24-24	Exercise Orientation	Friday	2:00 p.m.	Senior Services
5-27-24	<b>Office Closed – Memorial Holiday</b>	<b>Monday</b>		
5-28-24	Arthritis Exercise Class	Tuesday	10:30 a.m.	Senior Services
5-28-24	Craft Activity – Beth Taylor	Tuesday	11:00 a.m.	Senior Services
5-29-24	Nutrition Topic – Beth Taylor	Wednesday	10:30 a.m.	Senior Services
5-29-24	Cornhole – Men/Women	Wednesday	11:00 a.m.	Senior Services
5-30-24	Arthritis Exercise Class	Thursday	10:30 a.m.	Senior Services
5-30-24	Small Group Conversation Topics	Thursday	11:00 a.m.	Senior Services



May 9, 2024  
Duplin Sparklers will be performing in the Silver Arts competition. NRS&G participants will receive medals won during the 2024 local games.

Mission statement:  
Improving the lives of Duplin County seniors through opportunities that encourage social interaction, enhance quality of life, and support independence.

<https://www.facebook.com/DuplinAging>  
<https://www.duplincountync.com/senior-resource-center/>