



Senior Center &  
Congregate Nutrition Sites



MAY 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b> BBQ Pork Cabbage Baked Beans Apple Juice Bun Milk	<b>30</b> Swedish Meatballs Peas Rice Hot Cinnamon Apples Roll Cookie Milk	<b>1</b> <u>Nutrition Sites &amp; Office Closed</u> <u>– Senior Fun Day Event –</u> <u>Duplin Events Center</u>	<b>2</b> Spaghetti with Meat Sauce Green Beans Applesauce Bread Milk	<b>3</b> Chopped Steak Succotash Mashed Potatoes Peaches Wheat Roll Milk
<b>6</b> Country Steak Sandwich Okra & Tomatoes Corn Orange Juice Bun Milk	<b>7</b> Chicken & Wild Rice Carrots Pears Roll Cookie Milk	<b>8</b> Baked Ziti Green Beans Noodles Peaches Garlic Bread Milk	<b>9</b> Roasted Pork Peas & Carrots Roasted Red Potatoes Pineapple Cup Wheat Roll Milk	<b>10</b> Chicken Marsala Broccoli Noodles Cinnamon Applesauce Roll Milk
<b>13</b> Fish Patty Mixed Vegetables Macaroni & Cheese Cranberry Juice Bun Milk	<b>14</b> Roasted Chicken Black-Eyed Peas Roasted Potatoes Pears Wheat Roll Cookie Milk	<b>15</b> Ham Okra & Tomatoes Yams Applesauce Roll Milk	<b>16</b> Chili with Kidney Beans Broccoli & Cheese Rice Peaches Cornbread Milk	<b>17</b> Roasted Turkey Egg Noodles Peas Orange Cup Roll Milk
<b>20</b> Cheeseburger Glazed Carrots Baked Beans Pineapple Cup Bun Milk	<b>21</b> Italian Sausage with Peppers & Onions Cabbage Spaghetti Noodles Applesauce Bread Cookie Milk	<b>22</b> Salisbury Steak & Gravy Peas Mashed Potatoes Peaches Wheat Roll Milk	<b>23</b> Tex-Mex Chicken Mexi-Corn Fiesta Rice Hot Cinnamon Apples Tortilla Milk	<b>24</b> Lasagna with Meat Sauce California or Normandy Mix Pears Garlic Bread Dessert Milk
<b>27</b> <u>Nutrition Sites &amp; Office Closed in Observance of the Memorial Day Holiday</u>	<b>28</b> Swedish Meatballs Peas Rice Hot Cinnamon Apples Roll Cookie Milk	<b>29</b> Chicken & Noodles Mixed Veggies Pears Biscuit Milk	<b>30</b> Spaghetti with Meat Sauce Green Beans Applesauce Bread Milk	<b>31</b> Chopped Steak Succotash Mashed Potatoes Peaches Wheat Roll Milk

Meals are served at 12 noon (Monday – Friday). Volunteer contributions for meals are appreciated and allows the agency to purchase additional meals. Eligible seniors are given priority with the meal service. A guest may purchase a meal (if available) for the cost of \$6.00. Meals must be eaten at the site.