



Duplin County Services for the Aged

Senior Planning Committee Volunteer Orientation Packet



- Volunteer Welcome
 - Agency Brochure
 - Agency Organizational Chart
- Volunteer Registration – Confidentiality form
 - Volunteer Responsibilities (By Laws)



Duplin County Services for the Aged

Volunteer Opportunities Join Our Team

*Every person has a hidden talent which we can share.
Volunteers are vital to any organization.*

- Aging Advisory Committee
- Congregate Nutrition Site Volunteers
- Duplin Adult Care Home Community Advisory Committee
- Duplin County Nursing Home Community Advisory Committee
 - Duplin Senior Center Foundation Inc.
- Homebound Meal Advisory Committee; Homebound Meal Volunteers
 - Housing Home Improvement Volunteers
 - In Home Aide Advisory Committee
 - Income Tax Assistance Volunteers
- Neuse River Senior Games Ambassadors (Duplin)
 - Regional Aging Advisory Committee
 - Senior Center Volunteers
- Senior Health Insurance Information Volunteers
 - Senior Tar Heel Legislature Delegates

VOLUNTEER



Welcome, Volunteer!

If you are considering a volunteer role at the senior center, let us first begin by saying, "Thank You". You have joined thousands of others across the nation who have taken on the "Volunteer" challenge. Obviously, you are a very special person to volunteer your time and talent to help others. It is our goal to encourage you and provide you with as much information concerning the volunteer role you have chosen. Again, thank you for volunteering and for helping to make a difference for our senior population.

Duplin County Services for the Aged Staff

Volunteer Training/Responsibilities:

- An orientation packet will be provided to volunteers with a clear definition of both the volunteer and the staff role.
- A registration form will be completed for each volunteer.
- Volunteers will follow and maintain the agency confidentiality policy.
- We value diversity in our volunteer base. The contributions of all of volunteers provide an opportunity to share ideas and unique abilities to our programs.

Annual Event – Volunteer Recognition Event

- Volunteers are a vital part to the overall success of the agency. We appreciate every hour of volunteer service provided to enrich and enhance the programs. Specifically, each year we coordinate an event to recognize all of the volunteers and their service to the agency. We look forward to celebrating your accomplishments as we collaborate together in making a difference for the senior population in Duplin County.

Duplin County Services for the Aged

<https://www.duplincountync.com/senior-resource-center/>

<https://www.facebook.com/DuplinAging>

History: Duplin County Services for the Aged began operating as a county department in July 1974, and the nutrition program began in September 1975. These two departments were consolidated into one department in January 1979. In May 2007, Duplin County Services for the Aged and Duplin County Public Transportation were consolidated into one department. In October 2015, the combined departments were separated to operate as independent departments.

Funding: Services for the Aged receives federal and state funds from the Older Americans Act via Eastern Carolina Council Area Agency on Aging and local funds from Duplin County.

Eligibility Requirements: The primary objective of the agency is to serve as an advocate for persons sixty years of age and older by helping them to achieve a better quality of life. Individuals must be sixty years of age and older and a resident of Duplin County.

Mission Statement: Improving the lives of Duplin County seniors through opportunities that encourage social interactions, enhance quality of life, and support independence.



- Alzheimer/Caregivers Support Group
- Centennial Program
- Congregate Nutrition Sites (Beulaville, Faison, Kenansville, Wallace, Warsaw)
- Duplin Senior News
- Ensure Supplement Program
- Family Caregiver Support Program
- Health Promotion Evidence Base Programs
- Home Delivered Meals (established routes in Beulaville, Calypso/Faison, Greenevers, Kenansville, Rose Hill, Wallace, and Warsaw)
- Housing & Home Improvement
- Income Tax Assistance/Duplin Tax-Aide
- Information & Referral/Outreach
- In Home Aide Level 1
- Legal Services – Legal Aid of N.C.
- Neuse River Senior Games
- Operation Fan-Heat Relief
- Seniors Health Insurance Information Program – SHIIP
- Seasonal Events
- Senior Trips
- Telephone Reassurance
- Transportation
- Veterans Support Group
- Volunteer Opportunities

Alzheimer's/Caregiver support group: The support group is made up of families, friends, caregivers, and other interested individuals who meet to share their feelings, experiences, information, and exchange coping skills.

Centennial program: Seniors 90 years of age and better must complete a registration form. Family members can call the office to complete the form or print the form off of the senior resource website online and submit via email. Once a senior reaches the 100 years young milestone, participants become part of an elite group. Members of the centennial program are recognized and honored with a special presentation.

Congregate Nutrition Sites: Five congregate nutrition sites are currently in operation in Duplin County. One hot meal a day is provided at each nutrition site five days a week (Monday – Friday) from 10:00 a.m. – 2:30 p.m. The nutrition sites are located in Beulaville, Faison, Kenansville, Wallace, and Warsaw.

Duplin Senior News: The agency provides a bi-monthly newsletter combining the activities and events scheduled at the congregate nutrition sites and senior center.

Ensure Supplement Program: The ensure program provides ensure for older adults to supplement their diet per nutritional needs as prescribed by a Physician. Ensure orders are placed once every month.

Family Caregiver Program/Respite/Voucher: Provides respite care for adult caregivers in their home setting who are caring for older adults. Respite care is limited to unpaid caregivers who are caring for older individuals who require constant supervision and cannot be left alone because of memory impairment, physical immobility, or other problems that render them unsafe alone. Additional support is available for caregivers to receive educational resources, participate in caregiver trainings, and receive incontinence supplies for diagnosed loved ones.

Health Promotion Evidence Base Programs: Certified lay leaders are trained to teach approved evidence base classes for seniors at the senior center and in the community.

Home Delivered Meals: Volunteers deliver nutritious meals (frozen meals) to eligible homebound older adults. Established routes are located in Beulaville, Calypso/Faison, Greenevers, Kenansville, Rose Hill, Warsaw, and Wallace areas. Five complete meals are delivered on Monday of each as well as wellness calls Tuesday – Friday.

Housing Home Improvement: This program helps with minor home repairs. Primarily, wheelchair ramps are the most frequent request received. Volunteers are utilized to build ramps and or rails for seniors.

Income Tax Aide Program: The AARP Tax-Aide program is a volunteer run tax assistance and preparation service. There are no age restrictions, and you do not have to be an AARP member to take advantage of this free service. (February – April)

Information/Referral/Outreach: Older adults are provided information on the services available at the senior center. Staff make referrals as need for services outside of the agency scope to connect resources with the appropriate agencies. Agency staff participate in community events to provide outreach opportunities to inform seniors of services available.

In Home Aide I: In Home Aide services are made available to persons sixty years of age who are having difficulty meeting their independent daily needs. In Home Aides provide general housekeeping duties inside the seniors' home.

Legal Services: In collaboration with Legal Aid of North Carolina, the agency refers seniors to the North Carolina Senior Legal Help line. An agency representative coordinates a legal clinic to serve seniors with legal assistance.

Neuse River Senior Games: Senior games encourage seniors to remain fit and active, to renew old skills, learn new ones, to find fellowship, and have fun. Athletic participants compete in age brackets at local, state, and national levels. Categories are based on age and gender, with men and women competitions. Silver Arts is available for those participants that are interested in heritage arts, literary arts, performing arts, and visual arts.

Operation Fan-Heat Relief: During the summer months fans are provided to senior citizens who do not have fans or air conditioners in their homes.

Seniors Health Insurance Information Program (SHIIP): Volunteers with (SHIIP) answer questions and counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, and prescription drug plans. The SHIIP Coordinator is available to make appointments with clients one on one to discuss other options available with low income subsidy or extra help assistance.

Senior Center Activities & Seasonal Events: The agency hosts several annual events during the year designed to engage seniors with opportunities to connect resources, meet new friends, and overall encourage wellness. Event information is distributed in various locations including social media to share the opportunity to participate. Some of the activities and events hosted at the senior center and in the community are listed below:

- Arthritis Exercise Classes
- Alzheimer/Caregivers Support Group
- Bible Class
- Billiards
- Bingo
- Birthday celebrations
- Blood pressure checks
- Caregiver Library
- Christmas “special event” celebrations
- Coffee/Conversations
- Community Computer Access
- Elder Abuse Awareness “special event” celebrations
- Exercise Equipment (stationary bike, exercise bands/weights)
- Movie/Popcorn
- Nutrition Tips/Shopping Tips
- Older Americans Month “special event” celebrations
- SHIIP counseling; Medicare; Enrollment; Low Income Subsidy; Prescription Drug Plans
- Table Top – corn hole
- Veterans Support Group
- Volunteer Appreciation “special event” celebrations
- Working our Mind activities (adult coloring activity sheet, trivia, word search, word puzzles)

Senior Trips: The senior planning committee meets quarterly and reviews recommendations from participants concerning possible trip ideas. Activities, policies, and senior plans are discussed with recommendations to implement at the senior center and congregate nutrition sites.

Social Media: Follow us the agency social media page for more updates, activities and events.

<https://www.facebook.com/DuplinAging>

Telephone Reassurance: This service is provided by the agency with assistance of community partners. Senior citizens who live alone call in to the designated location to check in each morning, Monday – Friday. If the senior does not call in by a specific timeframe, the agency or a concerned relative will conduct a wellness call or visit.

Transportation: The agency coordinates with Duplin County Public Transportation to arrange transportation to congregate nutrition sites or specific events hosted by the senior center.

Veterans Support Group: The Veterans support group meets on the first Thursday of each month at the senior center.

Volunteer Opportunities: A wide range of volunteer opportunities are available at the senior center. Interested individuals can talk with staff members to discuss the volunteer options available. Once an individual decides what areas they would like to volunteer, a staff member will provide a volunteer orientation specific to the role chosen. Volunteers are vital to any organization and we feel that we have the best volunteer base support.

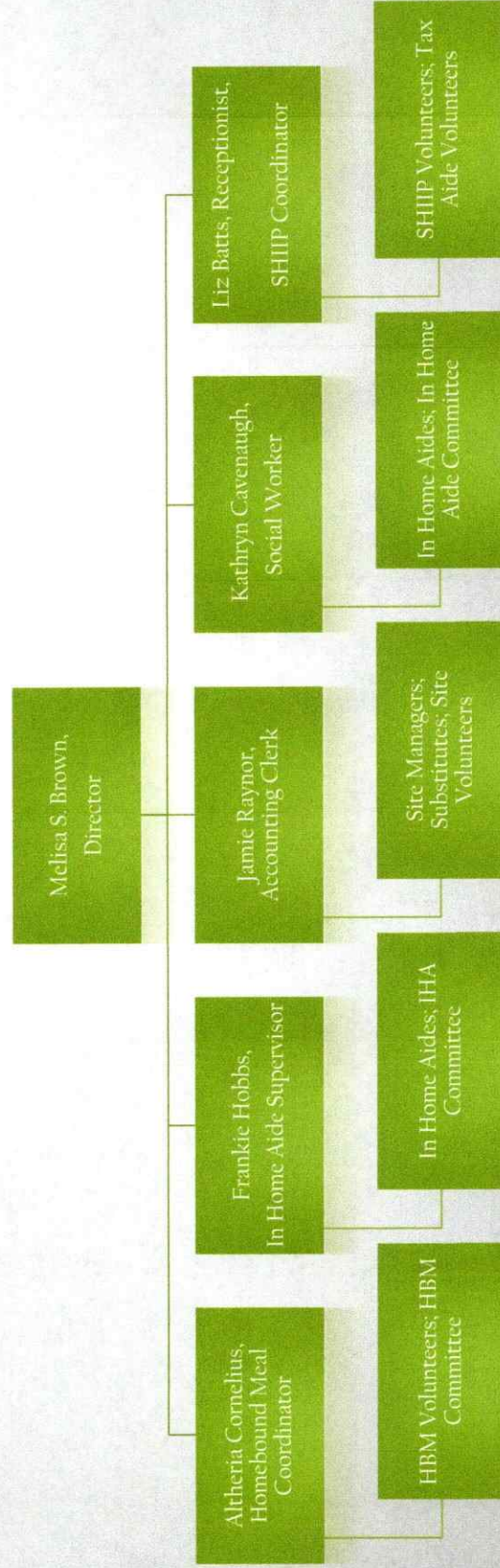
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COVID: The congregate nutrition sites and senior center are following the recommended safety protocols implemented by local and state officials.

8/23/21



Duplin County Services for the Aged Organizational Chart





Volunteer Registration Form

Date: _____ Name: _____

Address: _____

Telephone Number: _____ Email: _____

Birthdate: _____ Gender: _____ Race/Ethnicity: _____

Emergency Contact Person/Telephone Number: _____

Please check the volunteer job category that interests you.

- ☐ Aging Advisory Committee
- ☐ Duplin Adult Care Home Community Advisory Committee
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I agree to the confidentiality agency policy which states the following: “It is Duplin County’s policy that all information considered confidential will not be disclosed to external parties, unless required by law or to employees (or volunteers serving in a volunteer role position) without a “need to know to perform their job”. If there is a question of whether certain information is considered confidential, the (volunteer) should first check with a staff person. This policy is intended to alert (volunteers) to the need for discretion at all times and is not intended to inhibit normal business communication.

Signature _____ Date _____

Staff Member completing volunteer orientation _____

4/16/21



Duplin County Services for the Aged

Agency Committee Responsibility By Laws

- Homebound Meal Advisory
- In Home Aide Advisory Committee
- Senior Planning Committee

In an effort to make sure all agency committees are consistent with following the policy and procedures, the by-laws and responsibilities implemented below will be given to all committee members serving on the above listed committees.

- I. It is the responsibility of the committee members to advise Services for the Aged staff on matters relevant to planning, implementing, and evaluating programs on behalf of the senior citizens in Duplin County.
- II. The committee membership must be at least fifty percent of members sixty years of age and older. Committee members may recommend perspective members for the appointment to the board. The staff member serving on particular committee will submit names for approval to the Director of the agency.
- III. The committee shall consist of no more than six members. The appointment term is for three years and shall last no more than two consecutive terms unless members requests to serve additional terms with approval from Director. If a committee member is unable to serve and complete term, committee member will provide written notice to resign from position. Any member who is absent for two consecutive meetings without notifying the committee staff person, shall be subject to suspension from the committee.
- IV. Staff members serving on committees will serve on board as a non-voting member.
- V. Agency boards will meet according to the requirements set forth by the program guidelines and standards.
- VI. All grievances and suggestions of participants brought to the attention of the committee will follow in accordance with the guidelines and standards set forth by the North Carolina Division of Aging.

Revised 5/12/21