



Duplin County Services for the Aged

Dates are subject to change with inclement weather, holiday's, etc. as needed to complete requirement of sessions. Seniors must register for classes, call 910-296-2140.

**FY 22-23 - 7/26/2022**

<b>Arthritis Exercise – Kenansville</b> Location: Senior Center 213 Seminary St., Kenansville, N.C. 28349 18 sessions Time: <u>Wednesday's @ 10:30 a.m.</u>  Block 1	<b>Bingocize – Kenansville</b> Location: Senior Center 213 Seminary St., Kenansville, N.C. 28349 20 sessions Time: <u>Tuesday's @ 11:00 a.m.</u>  Block 2	<b>Arthritis Exercise Mount Olive</b> Location: Snow Hill Church, 1224 Red Hill Rd., Mount Olive, N.C.  (8) Monday (10) Thursday 11:00 a.m.  Block 3	<b>Arthritis Exercise Beulaville &amp; Kenansville</b> Bingocize – 20 sessions AEC - 18 sessions  Tuesday's - B Wednesday; AEC  Block 4 TBA
August 10, 2022	September 20, 2022	January 5, 2023-T	Dates to be released
August 17, 2022	September 27, 2022	January 9, 2023-M	once locations are
August 24, 2022	October 4, 2022	January 19, 2023-T	confirmed.
August 31, 2022	October 11, 2022	January 23, 2023-M	
September 7, 2022	October 18, 2022	February 2, 2023-T	
September 14, 2022	October 25, 2022	February 6, 2023-M	
September 21, 2022	November 1, 2022	February 16, 2023-T	
September 28, 2022	November 8, 2022	February 20, 2023-M	
October 5, 2022	November 15, 2022	March 2, 2023-T	
October 12, 2022	November 22, 2022	March 6, 2023 -M	
October 19, 2022	November 29, 2022	March 16, 2023-T	
October 26, 2022	December 6, 2022	March 20, 2023-M	
November 2, 2022	December 13, 2022	March 30, 2023-T	
November 9, 2022	December 20, 2022	April 6, 2023-T	
November 16, 2022	December 29, 2023 - Thursday	April 10, 2023-M	
November 23, 2022	January 3, 2023	April 20, 2023-T	
November 30, 2022	January 10, 2023	April 24, 2023-M	
December 7, 2022	January 17, 2023	May 4, 2023-T	
	January 24, 2023		
	January 31, 2023		