



Senior Center/Congregate Nutrition Site Menu -September 2021				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Chopped Steak Roasted Potatoes Green Beans Oranges Soft Bun Milk	<b>31</b> Rosemary Chicken Wild Rice Peas Peaches Roll Choc. Chip Cookie Milk	<b>1</b> BBQ Pork Potatoes Au Gratin Mixed Vegetables Applesauce Cup Bun Milk	<b>2</b> Penne w/Meat Sauce Roasted Vegetables Sliced Apples Soft Roll Milk	<b>3</b> Chicken Marsala With Spaghetti Glazed Carrots Pears Roll Milk
<b>6</b> The Office is closed in observance of the Labor Day Holiday.	<b>7</b> Cheeseburger Green Peas Roasted Potatoes Pineapple Cup Roll Cookie Milk	<b>8</b> Spaghetti & Meatballs Normandy Blend Peaches Roll Milk	<b>9</b> Sliced Honey Ham Yams Peas & Carrots Pears Corn Bread Milk	<b>10</b> Fish Sandwich Cabbage Baked Beans Sliced Apple Soft Bun Milk
<b>13</b> Teriyaki Chicken Oriental Vegetables Rice Sliced Apples Bread Milk	<b>14</b> Beef Mac & Cheese Broccoli Sliced Peaches Soft Roll Choc. Chip Cookie Milk	<b>15</b> Roasted Pork Roasted Potatoes Greens Applesauce Roll Milk	<b>16</b> Country Fried Steak Mashed Potatoes Carrots Pears Soft Roll Milk	<b>17</b> Smoked Sausage Succotash Potatoes Au Gratin Pineapple Cup Hot Dog Bun Milk
<b>20</b> Fried Chicken Tenders Macaroni & Cheese Mixed Vegetables Orange Juice Roll Milk	<b>21</b> Swedish Meatballs Peas & Carrots Rice Pears Bread Cookie Milk	<b>22</b> Cheese Manicotti w/ Marinara Sauce Green Beans Peaches Soft Roll Milk	<b>23</b> Taco Bake Rice & Black Beans Broccoli Cinnamon Stewed Apples Tortilla Milk	<b>24</b> Roasted Chicken Mashed Potatoes Greens Applesauce Corn Bread Milk
<b>27</b> Chopped Steak Roasted Potatoes Green Beans Oranges Soft Bun Milk	<b>28</b> Rosemary Chicken Wild Rice Peas Peaches Roll Choc. Chip Cookie Milk	<b>29</b> BBQ Pork Potatoes Au Gratin Mixed Vegetables Applesauce Cup Bun Milk	<b>30</b> Penne w/Meat Sauce Roasted Vegetables Sliced Apples Soft Roll Milk	<b>1</b> Chicken Marsala w/ Spaghetti Glazed Carrots Pears Roll Milk